

Date: 12 November 2023  
Speaker: Rev Quek Suan Yew  
Topic: [Love Not Sleep](#)  
Text: Proverbs 20:13

1. Sleeping is a good thing. Our bodies are not designed to function without it. The problem is not sleep per se but loving sleep. When we love sleep, we keep thinking about sleep! When it is time to sleep, we should sleep. When we sleep at the wrong time, opportunities will waste away.
  
2. We must not be lazy. The consequence may not come straightaway, but it will definitely come. In other words, we can stop it. Poverty does not come overnight. The Bible tells us to open our eyes! That is the beginning of turning our lives around.
  
3. We cannot be lazy in spiritual things. The consequence is not earthly and temporal. Spiritual sleep is the worst. Self-will must be replaced by God's will. Take up the cross and bear it joyfully, for God assured us His yoke is easy and burden light. Laziness will destroy our testimony. Let us not be in spiritual stupor!

*Open our eyes and serve God fervently!*